

Terms and Conditions for the NouYou CIC & Wellbeing 6 Week Transformation Holistic Program

We hope this finds you in good health and high spirits. We are excited to welcome you to the NouYou Holistic Program, a transformative 6-week self-development journey designed to empower you and enhance your overall well-being. Before we can confirm your booking, there are a few essential requirements we need to address.

First and foremost, we kindly ask that you carefully read and understand the terms and conditions of the NouYou CIC Program. These terms and conditions outline the commitments and expectations of participants, ensuring a smooth and fulfilling experience for everyone involved. It is crucial that you acknowledge and accept these terms before we can proceed with your booking confirmation.

We understand the unique challenges faced by mothers, individuals undergoing cancer treatment, and those dealing with bereavement. This program aims to be a source of solace and personal growth for such individuals, supporting their wellbeing throughout their journey.

To ensure we can offer the program to those who will benefit most, we kindly request evidence of your engagement with a medical professional. This may be in the form of a letter or a brief statement from your healthcare provider, assuring us of your eligibility for the NouYou CIC Program.

Furthermore, we emphasise the importance of commitment and dedication to the 6-week program. In order to maintain a cohesive and enriching experience for all participants, it is vital that you prioritise the NouYou CIC Program during this time. We kindly request that you schedule any appointments or commitments outside the program dates to allow space for others who can fully engage in the program. We understand that unexpected circumstances may arise, and we will strive to accommodate reasonable requests. However, please be mindful of the limited spaces available and the impact on fellow participants if attendance is not prioritised.

We genuinely appreciate your understanding and cooperation in meeting these requirements, as they enable us to provide a nurturing and inclusive environment for all participants. We firmly believe that your presence will enrich the program and contribute to the collective growth and well-being of the NouYou CIC community.

Should you have any questions or concerns regarding the terms and conditions, or if you require any assistance in fulfilling the necessary requirements, please do not hesitate to reach out to our friendly team. We are here to support you on this transformative journey.

Thank you for your time, and we look forward to embarking on this empowering 6-week program with you

Warm regards,

Sara Williams

Founder, NouYou CIC